

RIVERVIEW HAPPENINGS

OCTOBER 2026

UPCOMING OCTOBER EVENTS

- 1st - The Week of Ageing Well begins
- 5th - A Performance by Della
- 6th - Farmer Darcy's Travelling Farm
- 8th - James the Magician's Magic Show
- 8th - A visit to the Loxton Library
- 9th - Scenic Bus Trip
- 9th - Side Show Alley
- 12th - Resident and Representative's Meeting
- 12th - Julie Noble Concert
- 12th - Afternoon tea outing to MacEden
- 13th - Devonshire Morning Tea and Native Floral Art Demonstration at the Loxton Historical Village
- 13th - Guided Tour of the Pines and Devonshire Afternoon Tea
- 14th - Outing to Medea House
- 15th - Scenic Bus Tour - The Garden's of Loxton
- 16th - Mini Silo Art Trail Walk
- 16th - Scenic Bus Tour - The Garden's of Loxton
- 20th - The World's Kitchen
- 22nd - Community Coffee Outing
- 23rd - Outing to the Loxton MFS
- 26th - Julie Noble Concert
- 29th - Lunch on board the Murray River Queen



Riverview Lutheran Rest Home
5 Luther Rd
LOXTON SA 5333

CEO Report

Wow what a busy month we have in October, Show week, Rose week plus all our other usual outings and activities. It's got me thinking about how lucky we are to live in such a wonderful town and community, where good old fashioned country community spirit thrives.

We are very blessed to have such wonderful staff and volunteers that are passionate about making sure our residents can still connect with the wider community outside of our Riverview community. For some that means going out into the community visiting open gardens, the Pines and the Historical Village during rose week, and for others it's enjoying the festivities of the Loxton Show in house at Riverview's own show week, some of our residents are even busy preparing exhibits for the Loxton Show. Enabling our residents to still participate in community events that have been an important part of their lives is something that is very important to us.

We are also very blessed to have wonderful connections with both the Lutheran School across the road, and the Loxton High School enabling many opportunities for intergenerational interaction. Our residents have recently enjoyed playing Air Hockey and Pool with Loxton High School students, and very much enjoyed the Lutheran School Students Book week parade through our home. We are extremely grateful for the wonderful connections and community spirit in our town that makes all of these things possible.

It was initially through the generosity and community spirit of those in our town that Riverview was initially established back in 1965, it is lovely to see that community spirit is still going strongly in our wider community today.

As we head into spring, the building works for our 22 bed extension will continue to progress, to date site works have commenced, and we are all keen to watch the project progress. Meanwhile Bek our Clinical Care Manager and I, will be attending the Aged Care Quality and Safety Commission conference to get the latest on what is expected of aged care providers from the Commissions perspective, and will no doubt come back with some learning and new things to implement. Bek also recently attended a Conference on Clinical Governance in Aged Care.

We are always striving to do our best, in a highly regulated ever evolving industry we continue to learn and see what is out there and bring best practice back to Riverview. We also very much value your input and feedback on what we are doing well and in what we could do better, so please don't hesitate to let us know.

Thank you for choosing Riverview

Nicolle Jachmann
Chief Executive Officer

COMMUNITY CONNECTIONS and ACTIVE LIVING Report

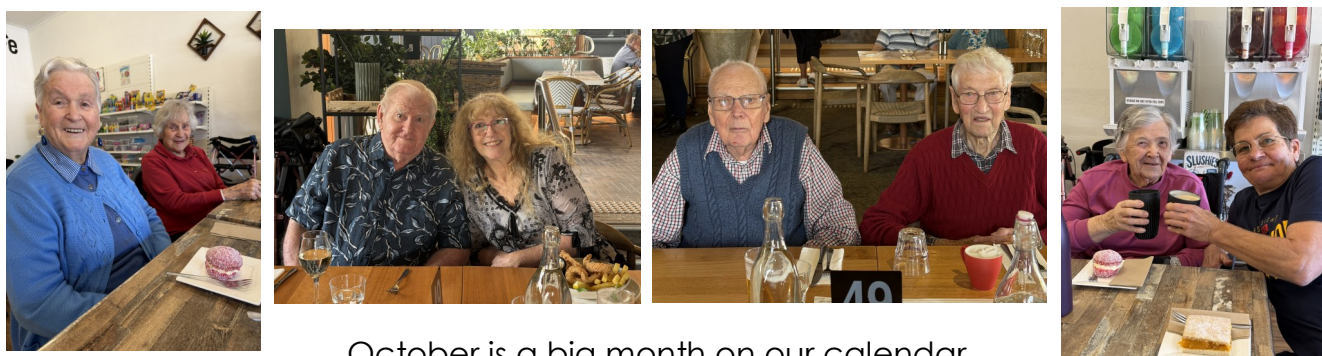
We have been fortunate to enjoy some kinder weather throughout September, so have made the most of getting outdoors for walking groups and outings into the community. A walk through the mini silo art display in the Loxton Community Conservation and Heritage Park was a highlight, combining exercise, companionship, art appreciation, and some valuable time in nature. Many residents are also keeping active while completing their exercise programs in the gym, with noticeable progress made by some, who have recently had their programs increased to challenge them further.



Our friends at Loxton Lutheran School again welcomed us for Friday worship services, while we were also blessed to attend the matinee performance of their annual school concert. Our residents were delighted with the fun and entertainment provided by the talented students, who had clearly put much time into planning, rehearsing, and perfecting their performances.



We also enjoyed our regular visits to Loxton Library, Lunch at the Loxton Hotel and scenic bus trips. This month though, we added a fun new twist to a few of our trips by introducing bus tour scavenger hunts, where residents had to tick off items as they spotted them around town and the surrounding areas. Our lists were completed due to communication and teamwork, with many of the items sparking conversations and memories along the way.



October is a big month on our calendar, as we have a range of outings planned throughout the Riverland Rose and Garden Festival. Our program also includes new experiences, including a visit to Loxton MFS and our first lunch on board the Murray River Queen. Between these events, we will enjoy our much-loved bus and car trips, library visit, coffee outing and weekly walking groups.

What has been happening during the month of **September** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of September \$829 in donations went to Loxton and District Bible Society. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

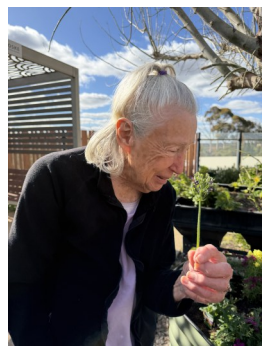
October Chapel offerings will be donated to Lutheran Community Care Australia.

The sun has been out and so have our residents!

If you've taken a stroll through our garden spaces lately, you've probably spotted a few of our residents soaking up the sunshine and getting their hands dirty. We've been making the most of the beautiful weather by getting outside and working together to make our outdoor spaces look bright, colourful, and lush!

Our residents have had a fantastic time planting new flowers and getting our raised garden veggie patches up and running with some homegrown tomatoes. But the real star of the show in our garden right now? Our sugar snap peas!

Watching them grow has brought back some wonderful memories. A few of our residents have been sharing stories about the gardens they used to keep at home, remembering exactly what it felt like to pick the peas straight off and eat them right then and there. That walk down memory lane has everyone even more eager for harvest time, and we're all keeping a close eye on the patch to see how our peas turn out.



Riverview welcomes the Golden Boutique

Our hearts were full after hosting our first ever Golden Boutique this afternoon! We would first like to begin by thanking local organisations such as the Rotary Club of Loxton and Loxcare for their incredible generosity. It is your support that makes special experiences like this possible within our community.

We also want to give a huge shout-out and a BIG thanks to lifestyles Emma, for organising the entire event and bringing her vision to life!

Our residents had a fantastic time browsing through the curated racks and tables, selecting beautiful items completely free of charge. It was wonderful to see everyone exploring the boutique and leaning on each other for styling advice. We can't wait to host this for you again in the near future!



Bingo with the year 5 and 6 students from the Loxton Lutheran School

Last month saw some very special guests drop by one afternoon to play bingo with our residents from the Loxton Lutheran School. The students and residents alike were raring to go, especially once they spotted the chocolate prizes up for grabs!

The best part of the whole afternoon was just watching everyone naturally chat and help one another. As the afternoon was such a massive hit, we are excited to do it all over again!



Footy Finals Fever!!

Residents and staff kicked off our grand final celebrations by dressing up in their favourite team colours, bringing plenty of team spirit and vibrant energy to our home!

We also held our highly anticipated footy tipping presentation to wrap up a fantastic season. A massive congratulations to all our top tippers this year and to ALL who participated and made our competition so much fun every week!

P.S. We're Still Processing the Footy!

On a side note, a few of our residents (and staff!) are still in absolute shock over the AFL Grand Final outcome. When that "Wharfie Time" siren kicked in, we all thought it was a done deal, only for the Brisbane Lions to pull off that wild, final-minutes comeback. Heartbreaking as the finish was for the Dockers, there's no denying it was an absolutely epic game of football that we'll be debating over morning tea for a long time to come.



Cheers to Our Dads for Fathers Day

Last month saw Riverview celebrate the wonderful Dads who choose to call Riverview home! We made sure they felt extra special with some funky new socks and a classic, cheesy dad-joke Father's Day card to match!

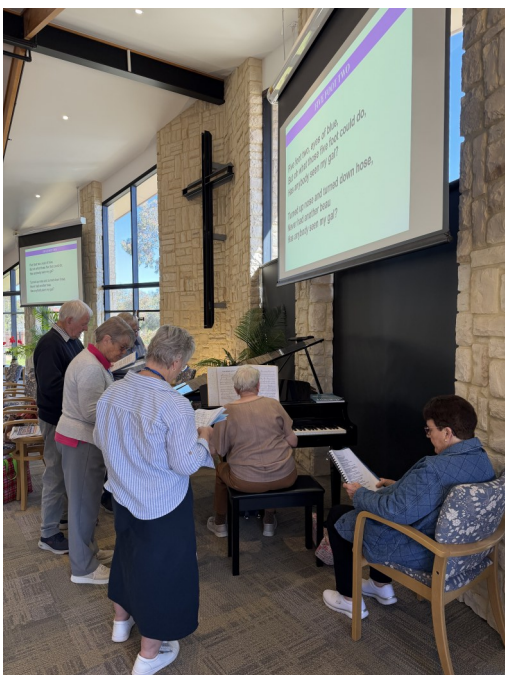


New Singalong Songs are on the Way!

We wanted to give our Riverview community a quick little update on our singalong sessions. Our wonderful pianists have been hard at work behind the scenes collating a whole bunch of new songs to ensure our music afternoons stay fresh, relevant, and heaps of fun for everyone currently joining in.

There is nothing quite like a good old-fashioned singalong to bring the room together, and these new songs are bound to get everyone tapping their toes. As the new songs roll out over the coming weeks, we would absolutely love to hear what you think.

Make sure to let the lifestyle team or the pianists know your favourite tunes so we can keep the good times rolling!



TRAEGER NEWS

FUN in the SUN!

Our Traeger residents have been making the most of the beautiful weather and have been working on some planting projects over the last month with lifestyles Ben, while others chose to lap up the sunshine in good company!



Homemade is always the BEST way!

Traeger residents also enjoyed the opportunity to spending their afternoon rolling delicious, fresh jam drop biscuits.. YUM!



Getting Crafty!

And with a little bit of colour and creativity, our latest craft days had residents showing off their creative sides.



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

OCTOBER BIRTHDAY'S

We would like to wish a BIG Happy Birthday to our resident who is celebrating in

October

18th Norm Winn

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Staff of Riverview.



Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic ccm@riverviewrehome.com.au or 0885847370

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea on 08 8584 7370 for further information.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 12th of October at 10am.