



Riverview Happenings

APRIL 2025



Monthly Newsletter

**Riverview Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**

6th—Daylight
Savings Ends

8th—Monthly
Birthday Party

14th—Resident and
Representative's
Meeting

18th—Good Friday

19th—Holy Saturday

20th—Easter Sunday

21st—Easter
Monday

25th— ANZAC Day

MAY YOUR EASTER
BASKET BE FILLED WITH
JOY, HAPPINESS, AND
PEACE THIS SEASON AND
ALWAYS

WISHING YOU A BLESSED EASTER
FROM ALL OF US HERE AT
RIVERVIEW



CEO Report

Easter Blessing to everyone, may your Easter be filled with love, joy and chocolate..... For my family, Easter is a wonderful opportunity for us to get together with family and friends camping (actually glamping) lazy days relaxing on the river, sitting around the campfire and catching up on what's happening in everyone's busy lives. I hope you have a wonderful Easter weekend.

The 1st of July sees the introduction of the New Aged Care Act, which introduces the new term 'Supporters'. Under the Act, older people will be able to nominate and register one or more people of their choice to assist them in their decision-making. Supporters will be able to request, access or receive information, and assist the older person in communicating information and decisions.

Supporters will have to follow a set of duties, for example supporters will have to: find out the wishes of the person they are supporting, act in a manner that promotes the older person's personal, cultural and social wellbeing, and strive to maintain the person's capacity to make decisions.

Not every older person will want or need someone to support them. Some older people might feel they are already supported by other significant people in their lives, without needing them to become registered supporters. Becoming a supporter does not provide a person with decision-making authority for the older person and does not replace the role of guardianship, enduring power of attorney or similar who are appointed decision makers. Having a registered supporter does not prevent an older person from doing something they can do themselves, and older people can continue to request, receive and communicate information and make decisions. We will speak to residents more about this in the coming months.

I recently attended the IT in Aged Care Conference in Melbourne and had the opportunity to look at the latest technology available to age care providers and hear about the importance of aged care providers adopting new technology to assist in streamlining operations to enable more time to be spent with residents. We are currently exploring options for streamlining resident communication with families/friends, meal ordering and collation, and pressure area care, and hope to implement some of these new technologies over the coming year.

Our new gym is certainly very popular with residents, Emily the Physio from Loxton Physiotherapy Service and Rachel our Allied Health Assistant recently spent a day working with more residents interested in using the gym, to set programs tailored to their individual needs and get them up started. Both the physical and mental benefits of regular movement are tremendous, and our residents are loving it. We now have 28 residents using the gym, wow that is amazing !

As always, we want to provide the best care and services possible, if you have any concerns or feedback, either good or bad, please don't hesitate to let us know so we can resolve the concern, or do more of what you think we do well.

Thank you for choosing Riverview.

Thankyou

Nicolle Jachmann

Chief Executive Officer

We would like to wish a big Happy Birthday to our residents who are celebrating in **APRIL**

23rd Pauline Adkins

We hope you have a blessed Birthday and a memorable year ahead.

Many blessings and love from the Lifestyle Team and the Staff of Riverview.

What has been happening during the month of **MARCH** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of March **\$473.00** in donations went to Bibles to the Lutheran School. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

APRIL Chapel offerings will be donated to the Lutheran Church of Australia SA & NT District!

Purposeful contributions around the Home

Gloria has been busy lately helping with some meaningful odd jobs around the home, and it's been so rewarding to see how much these small tasks empower her! One of the highlights over the past month was assisting with changing the chapel altar's colours in preparation for Lent. A simple yet meaningful task that makes her feel truly purposeful, and it's amazing how small act's of contribution can have such a positive impact on one's sense of purpose!



If you're looking for a meaningful way to contribute to your home and feel more involved, we'd love to hear from you! Let the lifestyle team know, and we'll work together to find the perfect role where you can make a difference and feel empowered!!

Riverview's Walking Group is BACK!

As Summer slowly... subsides (I am wondering myself at this point if winter has been cancelled) and the weather becomes more pleasant, our residents have been loving the opportunity to move our bodies, enjoy the fresh air, and reconnect with the beautiful community around us.



Walking not only keeps us active but also allows us to soak in the sights and the sounds of the outdoors. If this sounds like something you'd enjoy, let the lifestyle team know! We'd love to get you involved if possible and share the joy of walking and being outdoors in nature with you!



St Patrick's Day Celebrations

What a FANTASTIC day we had celebrating St. Patrick's Day, where we kicked off the festivities with a fun scavenger hunt, where residents worked together in teams to crack cryptic clues in search of hidden pots of gold. The laughter and teamwork were infectious, making it a truly memorable start to the day!



In the afternoon, we got creative with a Paint n' Sip session, where everyone painted their own rainbow pot of gold masterpiece! To top it all off, we sipped on some Irish delicacies, Guinness or Bailey's!!



Celebrating the Riverland's Food and Wine Festival!

Riverview residents enjoyed celebrating March's annual Riverland Food and Wine Festival. We savoured some of the finest local produce, paired perfectly with a delightful wine tasting. It was the perfect opportunity to indulge our senses, enjoy the company of friends, and feel even more connected to the beauty of the region.

The wine tasting was a BIG hit!! Residents took turns swishing the wine around in their mouths, challenging their taste buds to pick out all the subtle notes, before rating each wine out of 5. This sparked lively conversation and turned many of our residents into true wine connoisseurs, one sip at a time!



Riverview's lifestyle team would like to give a special thank you to the Loxton Club for generously loaning us some of their wine glasses, making the experience feel even more authentic and enjoyable for our residents!

Ruth's Gardening Adventure

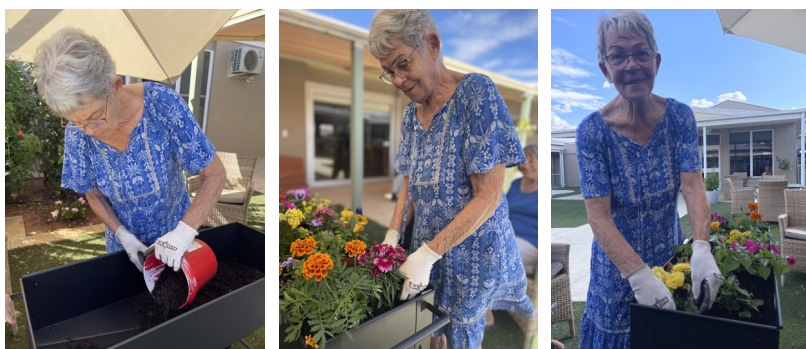
For anyone that knows our lovely Ruth, knows she is no stranger to the garden! March saw Ruth take on another one of her gardening adventures, this time with her heading to Bunnings with the lifestyle team to pick out her own flowers, and let me tell you, she was absolutely in her element! With no need for advice or guidance, she effortlessly selected the gorgeous blooms, knowing exactly which ones would create the perfect splash of colour!



While Ruth was out choosing her flowers, the gents were busy behind the scenes, building her the perfect planter box! It was a team effort, and by the time Ruth returned, the planter box was ready to be filled with all the beautiful flowers she handpicked.



The result? A stunning, colourful creation that now sits proudly in the garden, brightening up every one's day! It's amazing what a little creativity, a bit of teamwork, and a lot of love for gardening can do!



RIVERVIEW AFL Footy tipping Season.

March 10th saw the 2025 AFL season kick off !! Although its early days, the competition is already starting to heat up with only just a few points in it! Here are your current leaders as we move into Round 6!

EDWARDS Residents

1. John M, Judy P and Lesley W - 26 points
2. Jan W and Shirley P - 25 points
3. Gloria F, Maureen T, Morrie S and Thelma M - 23 points

TRAEGER Residents

1. Pam B- 25 points
2. Yvonne S—24 points
3. Manfred—22 points



Reconnecting with the Past

Recently, a group of our residents had the pleasure of visiting the township of Brownswell, enjoying the local sights and reconnecting with the memories of days gone by. It was a wonderful opportunity to revisit and rediscover the beauty of a place that holds so many fond and special moments.

As we cruised through the streets and around the footy oval, resident Jan shared many stories of her time spent over the years at Brownswell, adding a personal touch to every corner of the town.



TRAEGER NEWS

Have you met Emma? our new lifestyle assistant, whose warmth and creativity shines through every interaction. Emma brings a wealth of experience working with individuals of all ages and a wide range of diverse needs. Her background in education is evident in the thoughtful, hands-on approach she brings to her work, especially through her love for creative, craft-based and sensory activities, as pictured here with our residents.



Activities like bingo and word games offer a fun and stimulating way to keep our minds sharp, focused and engaged!



Sometimes the most unexpected friendships are the ones that make the biggest impact on our lives...



The gents have been staying active and involved through a range of activities, from manning the BBQ to getting stuck into woodworking and sanding projects.



Vonny enjoyed visits with her family... especially when it involved the exciting chance to sit on her sons motorbike!! A big two thumbs up from Vonny!



And Pam's family threw her a special birthday celebration in Traeger, filled with fun games, delicious cake, and great times shared with friends!

RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Assorted Cards

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea for further information.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 16th of June.

LOST PROPERTY

After all the washing, steam cleaning, and relocating of items we have done in the past few weeks with our cleaning some items have not found their way home.

There are also a number of clothing items that have been found that are not labelled, normally these are placed in the cupboard at the rear of the kitchen, but there are SO MANY that there is a large stack in the laundry.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome Residents and their Relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Want a response? Ensure your name and contact information is listed.

Need an instant response? Please do not hesitate to speak with one of our friendly staff members, so that we can work with you to resolve your concern.