



Riverview Happenings

MARCH 2025



*Give thanks to the
Lord, for he is good.
His steadfast love
endures forever.*

Psalm 136

Monthly Newsletter

**Riverview
Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**

MARCH EVENTS

4th - Shrove
Tuesday

7th - AFL footy
starts

10th - Adelaide
Cup

17th - St Patricks
Day

21st - Harmony Day

A MESSAGE FROM THE CLINICAL CARE MANAGER

Hello friends! Its Bek here again, can you believe we are in March already?

Sign in

Recently, it has come to my attention that some individuals are forgetting to sign in and out when visiting the facility. As a courtesy reminder, please ensure that you sign in when entering and sign out when leaving the facility. This protocol is crucial for keeping track of who is on-site in the event of an emergency. This applies to staff, visitors, and residents alike. Please make sure you're doing the right thing.

Vaccination Clinic

We anticipate administering the COVID-19 boosters by the end of this week. Following that, we will begin preparations for the 2025 flu vaccinations. We will reach out for consent shortly. However, if you're on-site or have a few spare minutes, please notify reception if you or your loved one would like to take advantage of the on-site vaccination clinic.

Federal Election

As you may know, a federal election is coming up this year. We need to ensure that those who wish to vote are registered as living at Riverview. For those no longer wishing to vote, their names need to be removed from the register. If you wish to be removed from the electoral roll, please collect a form from reception.

Friendly Reminder

When you receive new pension, Medicare, DVA, or health insurance cards, please bring them to the facility so we can make a photocopy and update our records.

Feedback

As always, we would love to hear from you—the good, the bad, and the ugly! As you know, your feedback helps us continuously improve our service.

Remember to smile often and say hello if you see me flapping around the home

Bek

We would like to wish a BIG Happy Birthday to our residents who are celebrating in

MARCH

2nd Morrie Schiller

10th Neta Awege

10th Gloria Farley

18th Rob Colls

18th Pam Bond

24th Peter Curtis

25th Judy Pfeiffer

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.



Loxton Lutheran School—Bible Presentation

Riverview would like to extend a special heartfelt thank you to the Loxton Lutheran School for their kind invitation to attend their annual bible presentation ceremony. Riverview residents had the pleasure to witness such a cherished tradition, as the Reception, Year 3, and new students each received a bible of their own, marking an important milestone in their spiritual journey.

This tradition is not only a meaningful gesture but also a testament to Riverview and the Loxton Lutheran Schools commitment to nurturing the values of faith and community.



What has been happening during the month of FEBRUARY at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of **February** \$465.50 in donations went to the Riverview Rest Home. Thank you for your kind offerings.

If you wish to make an offering on Wednesdays during chapel, please see the Lifestyle Staff for a chapel voucher.

March Chapel offerings will be donated to Loxton Lutheran School to purchase bibles for students.

Shrove Tuesday – March 4th

On Shrove Tuesday, one of our beloved residents, Jan, embraced a very special spiritual date of hers, making pancakes for her Riverview community. With a warm smile and a spatula in hand, she enjoyed flipping pancakes for all to enjoy, filling the air with its delicious aroma and special meaning leading into the season of Lent.



Reconnecting Throughout the Years

After the Bonds and Millers spent many years living next door to each other on their soldiers settlement fruit blocks, they forged a deep friendship while raising their families together. Over the years, their bond grew stronger, and now, they still enjoying catching up and reminiscing about the good old times they shared.



Sunday BBQ lunches

Is there anything better than the sound of sausages and the smell of onions sizzling away on the BBQ? Well our residents would have to agree that it is a great way to spend our Sunday morning! A big thanks to residents like Ian and Tige for cooking the BBQs! We really appreciate the time and effort you put into making it a great experience!



Celebrating Valentines Day

Love was well and truly in the air last week, as Riverview residents celebrated Valentine's Day. We kicked off the day with a pink themed pancake morning.



Followed by a trip down memory lane, as residents reminisced over our nostalgic wedding themed photograph table. Many attempted to guess who's wedding photograph belonged to who, and there were a few surprised by the results!



The day ended on a sweet note with a delightful 'blind' chocolate tasting, which sure did satisfy rumbling tummies, tasting over 14 different varieties of chocolate.



Individual Activities

Pictured here are residents embracing a variety of individualised activities, each bringing its own unique joy and fulfilment.

Whether it's the peaceful focus of colouring...



the challenge of completing a jigsaw puzzle...

Perhaps it's the creative expression through playing a musical instrument...



Or dabbling in a favourite pastime such as gardening, tending to ones plants, flowers and nurturing nature...



Joy can be discovered in many corners of life and Riverview's lifestyle team are here to help you take the time to seek it out!

Active Game of the Month

Residents rarely miss out on the opportunity to attend our bowls sessions, enjoying the chance to utilise their skills and attend an activity filled with plenty of laughter and a little healthy competition!

This light-hearted game, has become a favourite activity, whether you're a seasoned player or a first-timer, Bowls has proven to be an inclusive active based activity, offering something for everyone!

With it's easy to understand rules and relaxed pace, it allows individuals of all skill levels to participate and enjoy themselves.



Wedding Anniversaries

Late February, our lifestyle team had the honour of helping two wonderful couples celebrate their incredible milestones - 61 years of love and commitment for Jan and Clarry, and 63 years for Margot and Dean!



To mark these beautiful anniversaries, we treated each couple to a special celebration with a delicious cake, thoughtfully prepared by our talented chef.



Here's to love that lasts a lifetime and to many more years of happiness.

Monthly Birthday Parties

A big Happy Birthday to all the February babies which celebrated last month! With a delicious gluten and dairy free cherry chocolate slice make by the residents, it truly was a special moment for all those with birthdays in February.



Celebrating 60 Amazing Years of Riverview!



On February 21st, we gathered as a community to commemorate a remarkable milestone: 60 years since the opening of Riverview Lutheran Rest Home. Over the years, Riverview has evolved and grown,

and it was a privilege to hear from our CEO Nicolle Jachmann, who shared some heartfelt words about the journey and the incredible impact Riverview has had on so many lives.

We celebrated this special occasion with a birthday cake, reflecting on all the memories created over the years. Thank you to everyone who has been a part of Riverview's story!



TRAEGER NEWS

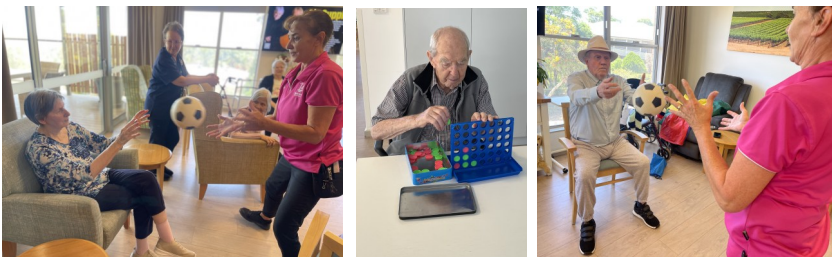
February sure has been a hot one, so to beat the heat, we brought the fun indoors!

Our residents enjoyed a variety of activities, including our interactive sensory tovertafel table, ball games, puzzles, knitting, parachute fun, and bean bag tosses.

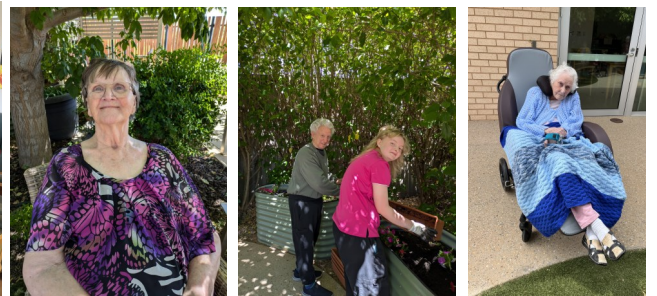
These activities were a huge hit, bringing plenty of laughter and excitement as everyone joined in to stay cool and have a great time with one another. It was the perfect way to stay active and connected while beating the summer heat!

Puppy love was on the cards and golly gosh did our residents just love their time with dear little 'Terra' and 'Teddy'.

For many, the experience brought back fond memories of their own pets, while others simply enjoyed the comfort and warmth of a wagging tail and a soft cuddle.



And any chance the weather let us, you betcha we were outside enjoying the fresh air!



LOXTON'S 68TH ANNUAL MARDI GRAS PARADE

THEME: OUR RIVER

Each year, Riverview enthusiastically takes part in one of the most anticipated local events for the year, a treasured occasion for our community that is called the Loxton Mardi Gras, where creative floats showcase the immense talent and dedication of our community. This year, our float name 'Our Rivers History', set sail on Saturday the 22nd, sharing with the community the rich history and timeless beauty of the mighty Murray River. The theme of 'Our Rivers History' was chosen by our residents to honour the waterway that has connected families, businesses and communities throughout the years.

The process of creating our float was nothing short of a labour of love, with residents putting much time and love into handcrafting each intricate decoration. Despite the weather being quite warm in the days leading up to and the day of the parade, residents pitched in to help decorate their float where they could. Although we couldn't reclaim our title of "Best Themed Float", our float won over the hearts of all the locals.



We're incredibly grateful to all those who participated in this years float creation and are already looking forward to next years theme... I wonder what it will be???

RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required) and request for items to be labelled if they are yours.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the home for follow up.

Assorted Cards

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.

We need your help!!

We're looking at replenishing our Riverview Library and are seeking donations from our wonderful Riverview community for large print, light-hearted and easy-to-read country, animal, travel and romance books to ensure everyone in our community can enjoy reading.

If you have any books that fits this description, our **lifestyle team** would greatly appreciate your contribution in supporting our mission of making reading more accessible to all.

These donations will help provide access to reading materials for those who may struggle with smaller text or have visual impairments.

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea for further information.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 14th of April at 10:00am.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome Residents and their Relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.