



Riverview Happenings

NOVEMBER 2024



REMEMBRANCE DAY

NOVEMBER 11



"They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them."

Monthly Newsletter

Riverview Lutheran
Rest Home
5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370

5th —
Melbourne Cup

11th —
Remembrance
Day

30th —
Loxton Lights Up

Loxton
**LIGHTS
FESTIVAL**

The CEO report

The end of the year is fast approaching, and somehow it is already November. With the Adelaide Christmas Pageant held on the first Saturday of November this year, Christmas seems to be coming earlier than usual, and we are starting to think about Christmas activities, decorations and lights in preparation for the celebratory season. Loxton lights up on the 30th November this year and we will be lit up and ready to go.

Our most recent board meeting at the end of October saw the Riverview board succession plan put into place with Chairperson Robert Fielke handing over the role to Vice Chairperson Sam Hentschke. Sam has been working alongside Robert in the Vice Chair role to enable a smooth transition. Robert will continue on the board for a further year to support Sam in his new role. All other board members are continuing, and we have a full compliment of 8 board members, the maximum as per the Riverview Constitution.

Annie our General Services Manager advised us earlier in the year she would be finishing up later this year, giving plenty of notice to enable recruitment and handover over her duties. We have used this time to look at our future staff management requirements and in addition to recruiting a new General Services Manager, we have also created a new People and Culture Manager role to oversee recruitment, rostering and general staff wellbeing of our approx. 100 staff.

We are blessed to now have Jan our new General Services Manager, and Jessica our new People and Culture Manager on board. Jan has experience in the Aged Care Industry and has been working in a similar role, and will oversee our Catering, Cleaning and Laundry services, property and maintenance, and retirement living. Jessica is an experienced recruiter and will also be a valuable addition to the Riverview team.

We thank Annie for her 7 plus years service to Riverview, and wish her all the very best in her Retirement/Semi Retirement, or whatever interests she decides to pursue in the future (we can't imagine Annie will sit still for long).

As always, we strive to provide the best possible care and services for our residents and appreciate your feedback.

Thank you for choosing Riverview.

Thankyou

Nicolle Jachmann

Chief Executive Officer

We would like to wish a big Happy Birthday to our residents who are celebrating in

NOVEMBER

5th Joan Barty

12th Betty Bradtke

12th Helen Huxtable

15th Beryl Law

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.



What has been happening during the month of **OCTOBER** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of October \$674.70 in donations went to Lutheran Community Care. Thank you for your kind offerings.

If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

November Chapel offerings will be donated to Gideons International Australia.

Stirring up memories in the Kitchenette

Simple joys such as hopping in our kitchenette to whip up some delicious nostalgic homemade lemonade scones. And of course, the best part is always the shared moment of sitting down and enjoying the fresh, warm scones, accompanied with a jam of choice and cream. There really is something about savouring the flavours of hard work!

If you're a keen cook or a beginner... come along and join in on the fun!



Knitting for a Cause

Looking for the perfect opportunity to work with yarn or have a yarn? Look no further than Riverview's yarn a lot group! We're currently in the works of whipping up some knitted squares to create a blanket to donate it to those in need! Offering more than just the chance to connect with others and unwind, but also to contribute to our community using our skills in a meaningful way.



Staying Active and Social

There's something special about enjoying the outdoors while staying active, and what better way to do that than by playing a game of table tennis out in the sunshine!

Table tennis has been a welcomed addition to our program, providing the perfect opportunity to get moving and have some fun!



SHOW WEEK

In light of the Loxton Show occurring over the October long weekend, Riverview's lifestyle and volunteer team brought the show to our residents and WHAT a week it was!!

Riverview's Art and Craft Exhibition

What a brilliant way to kick start Riverview's Show Week festivities with the opening of our Art and Craft Exhibition, which was an incredible celebration of local talent!

The response received was overwhelming, and we were all truly blown away by the creativity and passion within our home and the wider Loxton community. A heartfelt thankyou to the artisan's from The Collective Loxton, who so enthusiastically and graciously submitted some stunning pieces, each bringing their unique artistry to our tables.



The Therapeutic Touch of Animals

Day two of Riverview's show week saw a visit from Farmer Darcy's Travelling Farm! These special moments remind us of the simple pleasures and the comfort that animals can bring.



SHOW WEEK

Scarecrow FUN

A hilariously fun morning was had, as two teams were formed for our scarecrow making competition! Many hands made for lightwork, as our scarecrows came together, built with love, laughter and many newspapers!

Side Show Alley

As our Show Week festivities came to an end, we sure went out with a BANG! An amazing experience for our Riverview community from exciting games and clowns to bubbles, a photo booth and some delicious show bags, there was something for everyone to enjoy. Special thankyou to all our volunteers for their help over the course of the week, and to all who joined us for this unforgettable week!



Gardening Group

Residents have been hard at work in the garden, planting vibrant red and white petunia's—just in time to brighten up our garden space for the holiday season.

These beautiful blooms will add a festive touch to our garden, and we can't wait to watch them as they grow and see them in full bloom for a little extra holiday cheer!



Fun and Fitness!!

Our walking group is up and running, occurring Tuesday mornings from 10:30am, and we'd love for you to join us! Whether you're looking to get some fresh air, stay active, or simply enjoy a stroll with friends, it's the perfect way to stay fit and have fun!

If you're interested in possibly participating, speak to the lifestyle team (**team pink**) or Riverview's Allied Health Assistant, Rachel.

Reminder to bring your own hat, sunglasses and a water bottle, as it's important to stay cool, protected from the sun, and hydrated as we walk together!



Get to know the team 'Volunteer Addition!!'

Meet our youngest volunteer, Dakota!



What's your favourite board game?

Cluedo

If you could meet anyone in this world today. Who would you meet?

Zhou Ganyou—F1 driver

What period would you travel to if you were given a time machine?

The 60s—I love the dresses and hair!

What makes your day?

Cooking dinner

What is something you would like to ask your pet?

Cat—Where do you go during the day?

Dog—Is the white dog across the road your girlfriend?

Turtle—What do you think about during the day?

What are 3 scents you like?

Vanilla, new car and caramel

What do you usually do during the weekends?

Watch formula 1 races

Coffee or tea? Milk in first or last?

Neither!! MILO!! And milk after hot water!

If you could have an unlimited supply of one thing, what would it be?

Laundry liquid!! I go through a lot of washing...

What's something you're planning on doing within the next year that you've never done?

I want to drive a motorbike or sportscar

What three items would you bring on a desert island?

Fresh water, fishing rod and Mum... so she can catch the fish!

An interesting fact about yourself?

I have had minor roles in musicals and a solo in the Riverland Choir!

Seeing Clearly, Living Brightly

We're excited to welcome Black Forrest Optometry to Riverview, offering residents the convenience of having another Allied Health service onsite!

Riverview continue to strive to provide the best possible service and endeavour to have more Allied Health opportunities arise in the near future such as Audiology! Watch this space...



Maxine's Gift

A heartfelt thankyou to Maxine Zimmerman for her beautifully handcrafted flower arrangements! We're so grateful for the love and care you put into each creation.

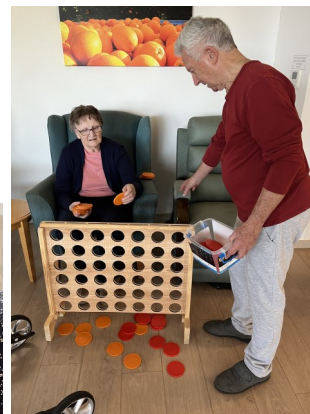


TRAEGER NEWS

Team Traeger are always making sure we have fun, putting a pep in our step and getting our bodies moving!!



These simple, yet exiting 'minute-to-win-it' cup game challenges aren't just about having fun but also stimulating our hand-eye coordination and fine motor skills, two key factors in maintaining independence and mobility as we age!



The classic game of connect4 has been a resident favourite throughout October.

Every move is an opportunity to think, engage, and connect with others in a meaningful way.

Games like connect4 provide so many benefits, as pictured here in the competition between Shirley and Ian.

Traeger residents recently enjoyed a scenic bus trip, touring the town to see some of the blooming and vibrant local gardens for Octobers Rose and Garden Festival, taking in the sights and scents of the festival.



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

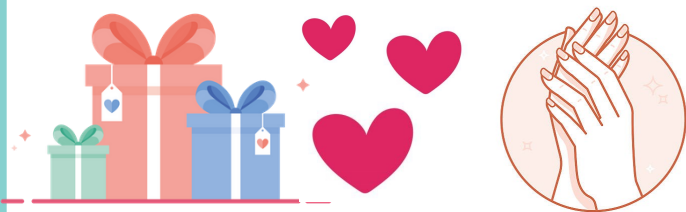
OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Christmas & Birthday gift ideas:

Are you wondering what to give your loved one?

How about a pamper pack, this can consist of lovely smelling hand or foot lotions, perfume, or soothing skin care products.



Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome Residents and their Relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

For **INFECTION CONTROL** reasons, we are **UNABLE to share items between members of the facility** such as newspapers

If you would like to arrange for delivery of a newspaper, please contact a member of the Admin team.

We are able to receive:

- Murray Pioneer
- Stock Journal
- Advertiser
- Sunday Mail
- Magazines and more!

HATS and more HATS!

Spring has sprung and summer is near, it is time to get out your hats to protect your skin from the rays, so we can enjoy our garden spaces and participate in activities safely!

