






# MARCH 2018

## LEISURE AND LIFESTYLE PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1<sup>st</sup></b> 10:30 – 12pm <b>Reminiscing</b>  1:30 pm – 2:30pm <b>Arm Chair movement</b> <b>Melody sing-a-long with Anne</b>	<b>2<sup>nd</sup></b> 10:30 – 12pm <b>Pancake morning Tea!</b> <b>Word Activities</b>  1:30pm – 3: 30pm <b>Floor Fun in Edwards</b>	<b>3<sup>rd</sup></b> 10:30 – 12pm <b>Active movement &amp; Word Activities</b> <b>Ladies Lunch at Loxton club</b>  1:30pm – 3:30pm <b>BINGO</b>
<b>4<sup>th</sup></b> 10:30 – 12pm <b>Church DVD Song of Praise</b>  1:30 – 3: 30pm <b>BBQ Lunch</b> <b>Indoor Bowling competition.</b>	<b>5<sup>th</sup></b> 10:30 – 12pm <b>Book Club Connect 4</b>  1:30 – 3: 30pm <b>The Oscars Quiz</b> <b>10 pin bowling</b> <b>Quoits championship</b>	<b>6<sup>th</sup></b> 9:30 -10:30am <b>Moving and Grooving with Lutheran School reception students</b> 10:30 – 11:30am <b>Bright hour</b>  1:30 – 3: 30pm <b>Craft activities</b> <b>Floor Activities</b>	<b>7<sup>th</sup></b> 10:30 – 12pm <b>Chapel</b>  1:30 – 3: 30pm <b>Afternoon Tea with Pastor</b>  <b>Men's shed</b> <b>Salon and Beauty Therapy</b> <b>Floor activities</b>	<b>8<sup>th</sup></b> 10:30 – 12pm <b>Movement and Memories</b> <b>Fun morning of activities</b>  <b>Lunch at Berri Golf Club</b>  1:30 – 3: 30pm <b>Melody sing-a-long with Anne</b>	<b>9<sup>th</sup></b> 10:30 – 12pm <b>A game of Balloon tennis.</b> <b>Jenga fun</b>  1:30 – 3: 30pm <b>Logo game</b> <b>Aussie Bingo</b>	<b>10<sup>th</sup></b> 10:30 – 12pm <b>Active movement and memory fun</b>  1:30 – 3: 30pm <b>BINGO</b> <b>Word Activities</b>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>11<sup>th</sup></b> 10:30 – 12pm Church DVD Song of Praise  1:30 – 3: 30pm Gardening at Edwards & Traeger	<b>12<sup>th</sup></b> 10:30 – 12pm Adelaide CUP day  <b><u>PUBLIC</u></b> <b><u>HOLIDAY</u></b>	<b>13<sup>th</sup></b> 9:30- 10:30am Moving and Grooving  10:30 – 11:30am Bright hour  1:30 – 3: 30pm Craft activities Arm chair travel to The Queens Palaces	<b>14<sup>th</sup></b> 10:30 – 12pm Chapel  1:30 – 3: 30pm Afternoon Tea with Pastor  Men's Shed Hookey Jenga	<b>15<sup>th</sup></b> 10:30 – 12pm Movement and Memories Word Activities  1:30 – 3: 30pm Exercise arm chair style Melody sing-a- long with Anne	<b>16<sup>th</sup></b> 10:30 – 12pm   1:30 – 3: 30pm Lutheran school visit Grade 3 /4 for Bingo and scattategories afternoon !	<b>17<sup>th</sup></b> 10:30 – 12pm <a href="#">St Patricks Day            Activities</a>  <a href="#">Men's Lunch at            Loxton club.</a>  1:30 – 3: 30pm BINGO Ladder ball competition Hookey
<b>18<sup>th</sup></b> 10:30 – 12pm Church DVD Songs of Praise  BBQ Lunch  1:30 – 3: 30pm Indoor Bowls competition.	<b>19<sup>th</sup></b> 10:30 – 12pm Book Club Arm chair aerobics!  1:30 – 3: 30pm Word Activities	<b>20<sup>th</sup></b> 9:30- 10:30am Moving and Grooving  10:30-11:30am Bright hour  1:30 – 3: 30pm Craft activities Connect 4 Hookey	<b>21<sup>st</sup></b> 10:30 – 12pm Chapel  1:30 – 3: 30pm Afternoon Tea with Pastor  Men's Shed Salon and Beauty Therapy Ball Activities	<b>22<sup>nd</sup></b> 10:30 – 12pm Movement and Memories World Water day  Lunch at Loxton Club  1:30 – 3: 30pm Arm chair Exercise Melody sing-a- long with Anne	<b>23<sup>rd</sup></b> 10:30 – 12pm World Meteorological Day  1:30 – 3: 30pm Movie afternoon at Living Waters	<b>24<sup>th</sup></b> 10:30 – 12pm Australia trivia game Happy hour at Lunch time  1:30 – 4:00pm BINGO Floor Activities

PLEASE NOTE THAT LIFESTYLE ACTIVITIES ARE SUBJECT TO CHANGE

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## LEISURE AND LIFESTYLE PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>25<sup>th</sup></b> 10:30 – 12pm <b>Church DVD</b> <b>Song of Praise</b>  1:30 – 3: 30pm <b>Coffee club,</b> <b>Greek</b> <b>Independence</b> <b>day !</b>	<b>26<sup>th</sup></b> 10:30 – 12pm <b>Book Club</b>  <b>St Patricks day</b> <b>Restaurant</b> <b>Lunch</b>  1:30 – 3: 30pm <b>Julie Noble</b> <b>Singing</b>	<b>27<sup>th</sup></b> 9:30 -10:30am <b>Moving and</b> <b>Grooving</b> 10:30 – 11:30a m <b>Bright hour</b>  1:30 – 3: 30pm <b>Chair exercises</b> <b>Word Activities</b> <b>Floor fun at</b> <b>Edwards</b>	<b>28<sup>th</sup></b> 10:30 – 12pm <b>Chapel</b>  1:30 – 3: 30pm <b>Afternoon Tea</b> <b>with Pastor</b> <b>Men's Shed</b> <b>Floor Fun at</b> <b>Edwards</b>	<b>29<sup>th</sup></b> 10:30 – 12pm <b>Movement and</b> <b>Memories</b> <b>Word Activities</b> <b>with St</b> <b>Catherine's.</b>  1:30 – 3: 30pm <b>Chair Exercises</b> <b>Melody sing-a-</b> <b>long with Anne</b>	<b>30<sup>th</sup></b> 10:30 – 12pm <b>Jo the music man</b>  <b><u>GOOD FRIDAY</u></b> <b><u>PUBLIC HOLIDAY</u></b>	<b>31<sup>st</sup></b> 10:30 – 12pm <b>Floor fun at</b> <b>Edwards</b>  1:30 – 3: 30pm <b>BINGO</b>  <b><u>HOLY SATURDAY</u></b>

If there is an outing you wish to attend in March, you need to book your interest at the Riverview Reception desk ASAP, please be aware that the bus only seats 8, so seats are limited, however if you are keen to come and have taxi vouchers you are welcome to use those. *Please also note that you will require money for these outings and it is always weather dependant.*

***If the weather is forecast for 30 Degrees or raining the outing may be cancelled or re scheduled with short notice.***

- Sat 3<sup>rd</sup> March **Ladies** Lunch at Loxton Club
- Thur 8<sup>th</sup> March – **Lunch** at the Berri Golf Club
- Sat 17<sup>th</sup> March **Men's** Lunch at Loxton Club
- Thur 22<sup>nd</sup> March– **Lunch** at Loxton club

***\*\* if you would like more information about taxi vouchers see Hannah at reception or speak to Kate or Crystal at lifestyle \*\****

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