


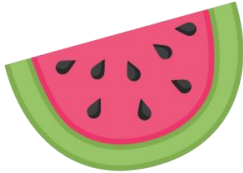





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1st 10:30 – 12pm Reminiscing Bean bag toss on twister mat 1:30 – 3:30pm Arm Chair movement Melody sing-a- long with Anne	2nd 10:30 – 12pm Pancake morning Tea! Residents pre- meeting. 1:30 – 3: 30pm BINGO Floor games	3rd 10:30 – 12pm Active games and word games Ladies morning Tea at Country Bakehouse 1:30 – 3: 30pm BINGO Happy Hour
4th 10:30 – 12pm Church DVD Song of Praise 1:30 – 3: 30pm BBQ Lunch Indoor Bowls comp!	5th 10:30 – 12pm Book Club 10 pin bowling Noodle balloon ball 1:30 – 3: 30pm Words starting with L Giant Jenga	6th 9:30 -10:30 Moving and Grooving 11 – 12pm Bright hour 1:30 – 3: 30pm Chair exercises Parachute game Craft activities for Mardi Gras	7th 10:30 – 12pm Chapel 1:30 – 3: 30pm Afternoon Tea with Pastor Men's shed Hookey Ladder ball	8th 10:30 – 12pm Reminiscing Giant Jenga Lunch at Loxton hotel 1:30 – 3: 30pm Melody sing-a- long with Anne	9th 10:30 – 12pm Residents meeting 1:30 – 3: 30pm Round the block Logo game Quoits	10th 10:30 – 12pm Bean bag Twister Lunch at Loxton Club 1:30 – 3: 30pm BINGO

February 2018

LEISURE AND LIFESTYLE PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11th 10:30 – 12pm Church DVD Song of Praise</p> <p>1:30 – 3: 30pm Gardening at Edwards & Traeger</p>	<p>12th 10:30 – 12pm Book Club Word of the day Word Game “Down on the farm”</p> <p>1:30 – 3: 30pm Arm chair movement Julie Noble Singing</p>	<p>13th 9:30- 10:30 Moving and Grooving</p> <p>11 – 12pm Bright hour</p> <p>1:30 – 3: 30pm Chair exercises Scattogories Beach ball Craft activities</p>	<p>14th <u>VALENTINES DAY</u> 10:30 – 12pm Chapel</p> <p>1:30p –3: 30pm Afternoon Tea with Pastor</p> <p>Men’s Shed Ping pong Cup challenge</p>	<p>15th 10:30 – 12pm Reminiscing Word games</p> <p>1:30 – 3: 30pm Exercise arm chair style Melody sing-a- long with Anne</p>	<p>16th 10:30 – 12pm The chaser “Riverview Style”</p> <p>1:30 – 3: 30pm Arm Chair travel to Egypt</p> <p>1:30 – 4pm Movie at Living Waters.</p>	<p>17th 10:30 – 12pm Morning Movement Ladder Ball Skittles Men’s morning Tea at Country Bakehouse</p> <p>1:30 – 3: 30pm BINGO</p>
<p>18th 10:30 – 12pm Church DVD Songs of Praise</p> <p>BBQ Lunch 1:30 – 3: 30pm Indoor Bowls comp!</p>	<p>19th 10:30 – 12pm Book Club Arm chair aerobics!</p> <p>1:30 – 3: 30pm Word Generation game</p>	<p>20th 9:30 Moving and Grooving</p> <p>11 – 12pm Bright hour</p> <p>1:30 – 3: 30pm Chair exercises Quiz Dominoes Craft activities</p>	<p>21st 10:30 – 12pm Chapel</p> <p>1:30 – 3: 30pm Afternoon Tea with Pastor Men’s Shed Salon and Beauty Therapy Ball games</p>	<p>22nd 10:30 – 12pm Reminiscing Word games</p> <p>1:30– 3: 30pm Exercise Melody sing-a- long with Anne</p>	<p>23rd 10:30 – 12pm Jo the music man</p> <p>1:30 – 3: 30pm Golf Bob Round the block Word games</p>	<p>24th <u>Mardi Gras</u> Come along and be a part of the parade</p> <p>Movie afternoon Happy hour cheese and biscuits</p>

PLEASE NOTE THAT LIFETSTYLE ACTIVITIES ARE SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25th 10:30 – 12pm Church DVD Song of Praise 1:30 – 3:30pm Lemon slice cooking	26th 10:30 – 12pm Book Club Valentines Restaurant LUNCH 1:30 – 3:30pm Julie Noble Singing	27th 9:30 -10:30 Moving and Grooving 11 – 12pm Bright hour 1:30 – 3: 30pm Glamour movie for ladies. (hair and makeup)	28th 10:30 – 12pm Chapel 1:30 – 3: 30pm Afternoon Tea with Pastor Men's Shed Ladder ball Jenga			

If there is an outing you wish to attend in January, you need to book your interest at the Riverview Reception desk ASAP, please be aware that the bus only seats 8, so seats are limited, however if you are keen to come and have taxi vouchers you are welcome to use those. *Please also note that you will require money for these outings.*

- Sat 3rd February **Ladies** morning tea at Country Bakehouse
- Thurs 8th February – **Lunch** at the Loxton hotel
- Sunday 10th February – **Lunch** at Loxton club
- Sat 17th February **Men's** morning Tea at Country Bakehouse
- Sat 24th February Mardi Gras Parade – come along and be a part of the parade!

**** if you would like more information about taxi vouchers see Hannah at reception or speak to Kate or Crystal at lifestyle ****